

# eye lid twitching & Acupuncture

As a part of our comprehensive services at The Women's Hospital, we provide patients with an environment of peace and relaxation at our Center for Healing Arts.



**The Women's Hospital**

**CENTER FOR HEALING ARTS**

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Acupuncture stimulates the flow of qi (pronounced "chee") in the body. Qi is the vital energy which flows throughout your body and can be disturbed by factors including cold, stress, diet, drugs and hereditary weakness.

By influencing the flow of qi, acupuncture stimulates the body to heal itself. Most patients report an enhanced sense of physical and mental well-being as a result of treatment.

For more information, call **812-842-4328** or visit **[www.deaconess.com/CHA](http://www.deaconess.com/CHA)**.

[www.arztol.com](http://www.arztol.com)

## Eye Lid Twitching and Acupuncture

Eye twitching (blepharospasm or myokymia) is a repetitive, uncontrollable blinking or spasm of the eyelid. Symptoms can recur for days, weeks or even months causing emotional distress, and can interfere with quality of life. In its most serious form, which is relatively uncommon, eye twitching can become chronic. It can cause persistent winking and squinting. If it progresses to the point where you have difficulty keeping your eyes open, it can cause severe vision impairment.

According to Traditional Chinese Medical Diagnosis, there are a number of causes of eye twitching and liver imbalance is the most common one. Ancient Chinese physicians said that the liver actually controls the eyes; therefore many eye diseases can be treated by using liver acupuncture points.

A new study concluded that acupuncture is an effective treatment for eye lid twitching showing a 93% success rate for those who tried it to treat the condition.

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